



Pain Management Services

Who can I refer my Client to?

This page shows what Pain Management Service suppliers are in your region

May 2023

Region	Suppliers
Northland	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>) Habit - referrals@habit.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health- referrals@tbihealth.co.nz
Auckland	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (<i>tertiary only</i>) Futureproof Rehab - info@futureproofrehab.co.nz Habit - referrals@habit.co.nz

	Pain Management and Rehabilitation Services - pain@painrelief.co.nz Proactive Rehab - referrals@proactive4health.co.nz Remuera Physiotherapy - reception@remueraphysiotherapy.co.nz Southern Physiotherapy Limited - reception@southernphysio.co.nz Sports & Spinal Physiotherapy Limited - pain@sportsandspinal.co.nz TBI Health - referrals@tbihealth.co.nz
Waikato	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Auckland DHB - TARPSACCRRefAdmin@adhb.govt.nz (<i>tertiary only</i>) Body in Motion - referrals@bodyinmotion.co.nz Habit - referrals@habit.co.nz Pain Management and Rehabilitation Services - pain@painrelief.co.nz Proactive Rehab - referrals@proactive4health.co.nz QE Health – referrals@qehealth.co.nz TBI Health - referrals@tbihealth.co.nz
Bay of Plenty	Active + - headoffice@activeplus.co.nz

	Auckland DHB - TARPSACCCRefAdmin@adhb.govt.nz (<i>tertiary only</i>) APM Workcare - nzreferrals@apmworkcare.co.nz Body in Motion - referrals@bodyinmotion.co.nz Habit - referrals@habit.co.nz Pain Management and Rehabilitation Services - pain@painrelief.co.nz Proactive Rehab - referrals@proactive4health.co.nz QE Health – referrals@qehealth.co.nz TBI Health - referrals@tbihealth.co.nz
Gisborne	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Auckland DHB - TARPSACCCRefAdmin@adhb.govt.nz (<i>tertiary only</i>) Habit - referrals@habit.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz
Hawke's Bay	Active+ - headoffice@activeplus.co.nz Auckland DHB - TARPSACCCRefAdmin@adhb.govt.nz (<i>tertiary only</i>)

	APM Workcare - nzreferrals@apmworkcare.co.nz Habit - referrals@habit.co.nz Pain Management and Rehabilitation Services - pain@painrelief.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz
Taranaki	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Auckland DHB - TARPSACCRAdmin@adhb.govt.nz (tertiary service only) Habit - referrals@habit.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz
Manawatu-Whanganui	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Capital and Coast DHB (tertiary service only) - dagmar.hempel@ccdhb.org.nz Habit - referrals@habit.co.nz

	Pain Management and Rehabilitation Services - pain@painrelief.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz
Wellington	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Capital & Coast DHB - dagmar.hempel@ccdhb.org.nz (Tertiary only) Habit - referrals@habit.co.nz Hutt Valley DHB - hilary.smith@huttvalleydhb.org.nz Pain Management and Rehabilitation Services - pain@painrelief.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz
Tasman, Nelson and Marlborough	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Canterbury DHB - painmanagementcentre@cdhb.health.nz Habit - referrals@habit.co.nz Southern Rehab - reception@southernrehab.co.nz

	Proactive Rehab - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz
West Coast	Active+ - headoffice@activeplus.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Canterbury DHB - painmanagementcentre@cdhb.health.nz Habit - referrals@habit.co.nz Proactive Rehab - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz
Canterbury	Active+ - headoffice@activeplus.co.nz Australis Specialist Pain Clinic - office@australismedical.com (group and tertiary only) APM Workcare - nzreferrals@apmworkcare.co.nz Canterbury DHB - painmanagementcentre@cdhb.health.nz (tertiary only) Habit - referrals@habit.co.nz Motion Health Group – admin@painrehabchch.co.nz Occupational Health Canterbury - pain@occhealthcanterbury.co.nz Pain Management and Rehabilitation Services - pain@painrelief.co.nz

	Proactive Rehab - referrals@proactive4health.co.nz Southern Rehab - reception@southernrehab.co.nz TBI Health - referrals@tbihealth.co.nz
Otago	Active+ - headoffice@activeplus.co.nz Advantage South – referrals@advantagesouth.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz Canterbury DHB - painmanagementcentre@cdhb.health.nz (tertiary only) Habit - referrals@habit.co.nz Pain Management and Rehabilitation Services - pain@painrelief.co.nz Proactive Rehab - referrals@proactive4health.co.nz Southern Rehab - reception@southernrehab.co.nz TBI Health - referrals@tbihealth.co.nz
Southland	Active+ - headoffice@activeplus.co.nz Advantage South – referrals@advantagesouth.co.nz APM Workcare - nzreferrals@apmworkcare.co.nz

	Canterbury DHB- painmanagementcentre@cdhb.health.nz Habit - referrals@habit.co.nz Proactive Rehab - referrals@proactive4health.co.nz Southern Rehab - reception@southernrehab.co.nz TBI Health - referrals@tbihealth.co.nz
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Group Programme

Suppliers
Active+ - headoffice@activeplus.co.nz APM - nzreferrals@apmworkcare.co.nz Australis Specialist Pain Clinic - office@australismedical.com Body in Motion - referrals@bodyinmotion.co.nz Habit - referrals@habit.co.nz Proactive - referrals@proactive4health.co.nz TBI Health - referrals@tbihealth.co.nz Occupational Health Canterbury - pain@occhealthcanterbury.co.nz

Tertiary Support Services/Tertiary Delivery Services

Suppliers
Australis Specialist Pain Clinic - office@australismedical.com
Auckland DHB - TARPSACCRAdmin@adhb.govt.nz
Canterbury DHB - painmanagementcentre@cdhb.health.nz
Capital & Coast DHB - dagmar.hempel@ccdhb.org.nz